

Thursday 6 May 2021

House Cup Winners:  
**Jervaulx**



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# St Robert's School Newsletter

## Payroll Vacancy in the Trust

There is a vacancy in the Trust for a Payroll Manager. Information can be found at the following:

<https://bishopwheelercatholicacademytrust.org/trust-vacancies>

## Stars of the Week



Barney	Wrens
Mimi	Robins
Lily	Sparrows
Alicia	Starlings
Alaya	Merlins
Alexandru	Owls
Lucas	Kestrels
Euan	Kites
April	Falcons
Glea	Eagles

Well done everybody!

Big Fish - Joseph

Little Fish - Poppy



## 10th May to 16th May Mental Health Awareness Week—Go out for a walk!

‘There is something to be wondered at in all of Nature’ - Aristotle

During long months of the pandemic, millions turned to nature. Research showed going for walks outside was one of the top coping strategies and 45% of us reported being in green spaces had been vital for our mental health.

During [Mental Health Awareness Week 2021](#), evidence demonstrates the powerful benefits of nature for our mental health. Nature has a unique ability to not only bring consolation in times of stress, but also increase our creativity, empathy and a sense of wonder. **It turns out that it is not just being in nature but how we open ourselves up and interact with nature that counts.** Even small contacts with nature can reduce feelings of social isolation and be effective in protecting our mental health, and preventing distress. **Nature is our great untapped resource for a mentally healthy future.**

## The Virtue of Kindness

For the beginning of this half term the children are exploring the virtue of kindness. Please talk and discuss with your children how being kind helps

us all to feel happier and makes the world a better place for us all. **DEFINITION.** KINDNESS – I show kindness when I think about how others feel and I choose to do something good to bring help, comfort or happiness. I choose to be kind because I see that everybody and everything is part of God’s creation.

## Health and Safety

Thank you to all our children, parents and families in keeping our school community safe and well. The whole school risk assessment continues to be in place with measures which reduce the spread of infection.

## Reading Inspiration

“There is no such thing as a child who hates to read; there are only children who have not found the right book.” —Frank Serafini

“Children are made readers on the laps of their parents,”—Emilie Buchwald



Thank you God for all that grows,  
Thank you for the sky’s rainbows,  
Thank you for the stars that shine,  
Thank you for the moon and sun ,  
Thank you God for all you’ve done!

Amen